

DC Judo, in partnership with [Team Moxie](#), is pleased to announce

CAPITAL GRAPPLE

WOMEN'S JUDO & JUIITSU COMPETITION

HOSTED BY DC JUDO

Sunday April 19th 2015

4 Competition Categories

IJF Judo

IBJJF BJJ

IJF Judo (newaza/groundwork only)

Judo Kata

(competitors may register for one or more categories)

Location: Archbishop Carroll High School 4300 Harewood Rd NE Washington DC

Time: Sunday April 19th

Check In/Weigh In — 9 AM

Kata Competition Begins — 9:30 AM

Competition Begins — 10:30 AM

Event Complete — 4 PM

Registration:

Online Registration Only — DCJudo.com/capgrap15

Sanction: USA Judo (pending)

Tournament Director: Terence McPartland, DC Judo

Age Range: 6 years -106 years. Competitors aged 60+ may waive first division entry fee.

Membership: All competitors must be current members of USA Judo, USJF or USJA. USA Judo provides first time membership for \$35. Membership number must be provided with registration or paid onsite. Membership card must be presented at check in. There will be an opportunity to register with USA Judo or USJF at the tournament site. (Last year's participants who registered with USA Judo will still be active members.)

Assistance/Accommodation Needs: DC Judo encourages competitors who may need assistance or physical accommodations in order to compete to indicate what is needed on the registration form. **Judo is for every body.**

Instructor Waiver: Instructors will be required to sign a certificate for non-black belt competitors indicating that competitors have sufficient aptitude and skill to participate. Waivers can be signed at check in or can be downloaded at DCJudo.com/capitalgrapple

IJF Judo Competition: Modified 2014 IJF Rules will govern this tournament. Current IJF medical rules with no examination allowed except for blood or grave injury will apply in all Senior and Masters divisions. No shime waza (chokes) are allowed for juniors age 12 and under. There will be no kansetsu waza (armbars) allowed in Junior competition. Those who perform prohibited acts are subject to automatic Hansoku Make (disqualification.) Any junior who participates in Senior competition is subject to senior division tournament rules. Kansetsu waza (armbars) will be allowed in all Senior shiai divisions.

Competitors will be pooled as Novice (sankyu and below) or Advanced (sankyu and above).

IJF Judo Newaza Only: As above with the following modifications:

Competitors will start with one knee on the mat and one knee up with normal kumikata (grip). There is NO standing work in this format. If one or both competitors go to both feet, the action will be stopped and re-started in the starting position. **Techniques or actions prohibited under IJF rules remain prohibited. There will be no Golden Score in Judo Newaza Only.** Matches that are drawn at the end of regular time will be hiki-wake (draw.) In the Newaza Only category, competitors must wear a gi that conforms to either the IJF rules or the IBJJF rules.

Competitors will be pooled as Novice (sankyu and below) or Advanced (sankyu and above).

IBJJF Rules:

Competition will take place according to modified IBJJF rules. **This category is Gi only. There will not be a “No Gi” division.** Pooling will be according to Pooling section as described below. IBJJF brackets will not be used. Gi requirements remain the same although Gi control will be modified according to Gi Control below.

Adult competitors will be pooled as White, Blue/Purple, Brown/Black belts.

Judo Kata:

Kata competitors will be pooled as Novice, Intermediate, and Advanced for Nage, Katame and Ju No Kata (Kime no Kata and Goshin Jutsu by prearrangement with tournament director.) *See complete details online.*

Pooling:

The purpose of this event is to support the development of competitive female judoka and jujitsuka. Flexible pooling will be implemented that allows competitors the greatest number of matches. Small pools will be round robin, larger pools will be double elimination. **You must pre-register so that pooling can be completed in advance of the event.** *See complete details online.*

Transportation and Parking:

See website and registration materials for transportation details

Online Registration Only at DCJudo.com/capgrap15